

182. The method according to claim 181, wherein:

the physical characteristics include age, gender, race, height and weight.

183. The method according to claim 181, wherein:

the lifestyle questions include questions about at least one of smoking habits, drinking habits, vitamin intake, and stress.

184. The method according to claim 181, wherein:

the medical history questions include questions about at least one of blood pressure, diabetes, menopause, ovary removal, hormone replacement, CAD, heart attack, coronary artery bypass surgery, angioplasty, peripheral vascular disease, left ventricular hypertrophy, family history, lipid profile, stress tests, and angiograms.

185. The method according to claim 179, wherein:

the step of transmitting the responses includes storing the responses in memory.

186. The method according to claim 185, wherein:

the memory includes at least one database.

187. The method according to claim 179, wherein:

the risk factors are determined using practice guidelines.

188. The method according to claim 187, wherein:

the practice guidelines include practice guidelines published by at least one of the American College of Cardiology and American Heart Association, U.S. Department of Health and Human Services Agency for Healthcare Policy and Research, and the National Heart Lung and Blood Institute.

189. The method according to claim 179, further comprising the step of:

receiving substantially contemporaneous feedback to the responses via the processor.

190. The method according to claim 189, wherein:

the substantially contemporaneous feedback includes at least one of general information about the at least one of the risk factors and whether the at least one of the risk factors is positive for the individual.

191. The method according to claim 179, wherein:

the particular disease is CAD.

192. The method according to claim 179, wherein:

if the individual does not have the particular disease, risk of the individual developing the disease is determined using at least one of the responses and practice guidelines for the particular disease; and

if the individual does have the particular disease, associated risks of the disease using at least one of the responses and the practice guidelines for the disease.

193. The method according to claim 192, wherein:

the associated consequences include invasive intervention and noninvasive intervention.

194. The method according to claim 193, wherein:

the invasive intervention includes at least one of surgery and angioplasty.

195. The method according to claim 193, wherein:

the noninvasive intervention includes at least one of pharmacological therapy and education.

196. The method according to claim 179, wherein:

the step of tracking includes receiving advice when

